

RESTLESS



About the Project

RESTLESS is an ambitious European programme designed to equip university students and graduates with essential entrepreneurial, digital, and green skills.

Our Mission

Over a span of 24 months, we are developing an innovative training programme that bridges the skills gap by aligning education with labour market demands—especially within the health industry.

By incorporating insights from employers and health-sector leaders, we aim to promote a workforce that is better prepared for the evolving job market.

Our Team



UNIVERSITY OF SILESIA
IN KATOWICE



UNIKLINIK
KÖLN



GrantXpert



Co-funded by
the European Union

Co-funded by the European Union. Views and opinions expressed are however those of the author or authors only and do not necessarily reflect those of the European Union or the Foundation for the Development of the Education System. Neither the European Union nor the entity providing the grant can be held responsible for them.

Target Audience

Primary target groups:

University students and graduates specialising in Medicine, Life Sciences, Engineering, Business, and ICT, who will directly benefit from the project's objectives.

Secondary target groups:

- Higher Education Institutions
- Entrepreneurship Educators and Trainers
- Project Partners and Collaborators
- Healthcare Professionals
- Start-ups in the Health Industry
- Policymakers
- Public Health Professionals and Organisations

Objectives

- Equip students and graduates in Medicine, Life Sciences, Engineering, Business, and ICT with skills for success in the future health industry.
- Train for the health sector's digital and green transition, fostering entrepreneurial potential.
- Inspire innovative solutions for health challenges.
- Share best practices across Europe for integrating health entrepreneurship.
- Disseminate training approaches across the EU and globally.

Key Project Results

- RESTLESS pedagogical framework
- RESTLESS training programme
- Series of pilot health entrepreneurship bootcamps
- Series of dissemination activities to raise awareness about the entrepreneurial and forward-looking skills that entrepreneurs in the health industry will need

Next Steps

The project consortium is currently developing the **training programme** to equip university students and graduates with entrepreneurial, digital, and green skills.

In April, a **train-the-trainers event** will take place in Cologne, Germany, where each partner will present their modules to the consortium. Feedback from this session will be incorporated to refine the content.

Following this, **bootcamps** will be held in each partner country to pilot the materials with the target audience. Insights gathered from these sessions will further shape the final version, ensuring its effectiveness and relevance across Europe and beyond.

Coordination Meetings

1st Coordination Meeting: Katowice, Poland 16-17 April 2024

The first coordination meeting exceeded all expectations, providing a thorough overview of the project's goals and the impactful outcomes it's striving for, setting the stage for a collaborative journey ahead.

The partners had a fantastic time bonding!

From leisurely walks to delightful meals and enriching conversations, it was a truly memorable experience.



2nd Coordination Meeting: Larissa, Greece 5-6 November 2024

This two-day meeting was marked by productive discussions and significant progress. It was an invaluable opportunity for collaboration, strengthening partnerships and aligning our objectives for the next phases of the project.

Key topics included the upcoming training programme and preparations for the major training event scheduled for April 2025 in Cologne, Germany.



Let's stay in touch!

 [@restlessproject](https://www.facebook.com/restlessproject)

 [@restless_project_eu](https://www.instagram.com/restless_project_eu)

 [@restlessproject](https://www.linkedin.com/company/restlessproject)

 www.restlessproject.eu